

# North Collins Elementary School Lunch Menu

## June 2019





**\$2.00**

<http://www.myplate.gov/>

Menu is subject to change.

If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast.

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
| 3<br><b>Half Day<br/>Today</b>  | 4<br>Cheeseburger on WG Bun<br>w/Seasoned Rice<br>Or<br>Bologna & Cheese<br>Sandwich<br>-----<br>Mixed Vegetable<br>Baked Beans | 5<br>Meat Loaf<br>Sandwich<br>Or<br>Turkey & Cheese<br>Sub<br>-----<br>NY Green Beans<br>NY Carrots                          | 6<br>Cheese<br>Pizza<br>Or<br>Chicken Salad<br>Sandwich<br>-----<br>Romaine Salad<br>Sweet Potatoes         | 7<br>8" Soft Shell<br>Tacos<br>Or<br>Ham & Cheese<br>Sub<br>-----<br>Broccoli<br>Corn  |
| 10<br>Chicken Pattie on Bun<br>w/Seasoned Pasta<br>Or<br>Turkey Cordon Bleu<br>Sandwich<br>-----<br>Mixed Vegetable<br>Cauliflower  | 11<br>8" Chicken<br>Fajita<br>Or<br>Bologna & Cheese<br>Sandwich<br>-----<br>Broccoli<br>Corn                                   | 12<br>Spaghetti & Meat Sauce<br>w/Dinner Roll<br>Or<br>Ham, Cheese & Veggie<br>Wrap<br>-----<br>Romaine Salad<br>Green Beans | 13<br>Cheese and Pepperoni<br>Pizza<br>Or<br>Turkey & Cheese<br>Sub<br>-----<br>Baked Beans<br>NY Carrots   | 14<br>French Toast Sticks<br>w/2 Sausage Patties<br>Or<br>Egg Salad<br>Sandwich<br>-----<br>Sweet Potatoes<br>Peas   |
| 17<br>Nacho Grande<br>w/Brown Rice<br>Or<br>8" Ham & Cheese<br>Wrap<br>-----<br>Corn<br>Broccoli                                    | 18<br>Philly Steak<br>Sub<br>Or<br>Turkey & Cheese<br>Sub<br>-----<br>Tomato Salad<br>Carrots                                   | 19<br>Hot Turkey & Gravy<br>Sandwich<br>Or<br>Bologna & Cheese<br>Sandwich<br>-----<br>Corn<br>Mashed Potatoes               | 20<br>Cheese<br>Pizza<br>Or<br>8" Chicken Salad Wrap<br>-----<br>Broccoli<br>Mixed Vegetable                | 21<br>Mozzarella Sticks<br>w/Dipping Sauce<br>Or<br>BBQ Turkey<br>on Bun<br>-----<br>Cauliflower<br>Baked Beans  |
| 24<br><b>Field Day</b><br><br>Have a great time! | 25<br>Chicken Nuggets<br>w/Buttered Noodles<br>Or<br>Turkey & Cheese<br>Sandwich<br>-----<br>NY Carrots<br>Baked Beans          |  | <br><b>It's SUMMER!</b> | Visit<br><a href="http://www.myschoolbucks.com">www.myschoolbucks.com</a><br>to set up a lunch account<br>to monitor and apply<br>money to your child's<br>account through<br>the year.<br> |

Looking for a part time job but need to be off when your kids are off from school? Then this is the perfect job for you. Let's talk about you becoming a part of our food service staff.  
Call 337-0166 ext. 3623 or send me an email at [ddole@northcollinscsd.org](mailto:ddole@northcollinscsd.org).

### Offered Daily

#### With all School Lunches:

*Fresh Fruit (served by the piece = 1/2c)  
Or Prepared Fruit (served by the 1/2c portion)  
Vegetables (served by the 1/2c portions)  
(Must take 1/2 cup of Fruit or Veggies)  
(May take 1 cup)  
NY Non Fat White or Flavored Milk  
or NY Low Fat White Milk  
available daily*

#### We also offer the following

#### entrees Daily:

*Julienne Salad (Ham or Turkey)  
w/ Cheese, Croutons & Roll  
NY Yogurt & Fruit Parfait  
w/Granola & Roll  
PBJ*

#### **Start with a:**

- Vegetable
- Fruit (or take both)
- Choose Whole Grains
- Pick a lean Protein
- Add serving of milk

**Take at Least 3**

**Have a fun and safe summer!**

